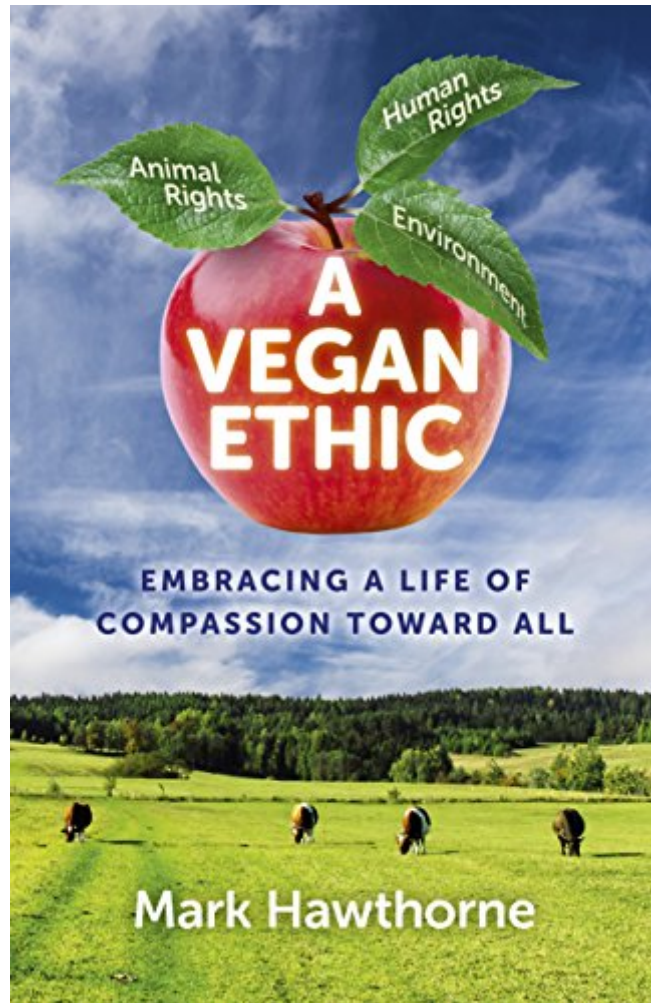


The book was found

# A Vegan Ethic: Embracing A Life Of Compassion Toward All



## Synopsis

“If veganism is about doing your best to not harm any sentient life, we must logically extend that circle of compassion to human animals as well,” writes Mark Hawthorne in this practical, engaging guide to veganism and animal rights. Along with proven advice for going and staying vegan, an overview of animal exploitation, and answers to common questions about ethical eating (such as “Is humane meat a good option?” and “Do plants feel pain?”), *A Vegan Ethic* draws on the work and experiences of intersectional activists to examine how all forms of oppression - including racism, sexism, ableism, and speciesism - are connected by privilege, control, and economic power. By recognizing how social justice issues overlap, we can develop collaborative strategies for finding solutions. Mark talks about living as a vegan and his book at <https://youtu.be/EXqEjUNqsOw> Reviewed in VegNews Magazine on Jul 1 2016

## Book Information

File Size: 3387 KB

Print Length: 184 pages

Publisher: Changemakers Books (July 29, 2016)

Publication Date: July 29, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01GIQKYJG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #147,355 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #13

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Diets >

Vegan #17 in Kindle Store > Kindle eBooks > Nonfiction > Science > Nature & Ecology > Animal

Rights #30 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Vegan

## Customer Reviews

As an ecofeminist scholar and activist, I strongly urge anyone interested in animal rights or other social justice movements to read Mark Hawthorne's latest book, *A Vegan Ethic*. His impressive ability to combine discussion of the worst kinds of oppression with hope and practical advice for

increasing compassion and empathy in the world makes Hawthorne a superb guide through the complex web of injustices we face. Author of two previous books (Striking at the Roots and Bleating Hearts) as well as numerous articles, Hawthorne articulates his vision for a vegan ethic that encompasses compassion and concern for all living beings - human and non-human alike. The five substantive chapters include discussions of animal rights, veganism, human rights, the environment, and how we can build coalitions to create a more compassionate world for everyone. The book ends with a helpful Q&A section where Hawthorne proposes answers to questions commonly asked of vegans as well as six appendices full of empowering suggestions for making a vegan ethic a reality. Hawthorne urges activists for social justice to recognize the structural nature of oppression and the ways in which racism, sexism, homophobia, transphobia, ableism, and speciesism are all connected. To fight for animal rights without recognizing the importance of human rights is not merely a tactical mistake but a perverse misunderstanding of the facts on the ground. In factory farms, for example, everyone suffers - animals, human laborers, and members of the communities surrounding them. It would be easy for the author of such a book to claim moral superiority and hold forth on all he's learned so that others can join him on exalted ground, but that's not Hawthorne's way.

[Download to continue reading...](#)

A Vegan Ethic: Embracing a Life of Compassion Toward All Raw Vegan: How To Be A Raw Vegan Smart Ass (raw vegan, raw vegan cookbook, raw vegan food, raw vegan diet, vegan cookbook, vegan recipes, vegan diet, natural hygiene) Vegan: Vegan Diet For Beginners: 150 Delicious Recipes And 8 Weeks Of Diet Plans (Vegan Diet, Vegan Cookbook, Vegan Recipes, Vegan Slow Cooker, Raw Vegan, Vegetarian, Smoothies) The Ultimate Guide To Vegan Bodybuilding & Nutrition: How To Build Muscle With A Vegan Life Style, Eating Your Favorite Food (Vegan Bodybuilding, Vegan ... Smoothies, Vegan Lifestyle, Vegan muscle) Vegan: High Protein Vegan Cookbook-Vegan Diet-Gluten Free & Dairy Free Recipes (Slow cooker, crockpot, Cast Iron) (vegan, vegan diet, vegan slowcooker, high ... free, dairy free, low carb) Vegan: Vegan Budget Cookbook: 33 Delicious Low-Cost Vegan Recipes, Quick and Easy to Make (Vegan Diet, Dairy Free, Gluten Free, Slow Cooker, Vegan bodybuilding, Vegan weight loss, Cast Iron) Vegan: Vegan Diet Recipes That You Cant Live Without (Vegan Slow Cooker, Vegan Weight Loss, Low Carb Cookbook, Slow Cooker Recipes, Vegan Cookbook, Paleo Diet, Vegan Recipes) Vegan Recipes: Vegan Bistro Recipes: 48 Delicious Bar Food & Soup Recipes (Vegan Recipes, Vegan diet, Vegan diet for beginners, how to lose weight fast, vegan cookbook, Weight loss for diabetics) THAI FOOD - VEGAN THAI RECIPES: VEGAN THAI RECIPES FOR THE SLOW COOKER - FRESH THAI

FOOD VEGAN RECIPES FOR THE SLOW COOKER (VEGAN THAI SLOW COOKER - THAI  
FOOD VEGAN RECIPES Book 1) Vegan: Vegan Dump Dinners-Vegan Diet On A Budget  
(Crockpot, Quick Meals, Slowcooker, Cast Iron, Meals For One) (Slow Cooker, crockpot, vegan  
recipes, vegetarian ... protein, low fat, gluten free, vegan recipes) Vegan: High Protein Cookbook: 50  
Delicious High Protein Vegan Recipes (Dairy Free, Gluten Free, Low Cholesterol, Vegan Diet,  
Vegan for Weight loss, vegetarian, vegan bodybuilding, Cast Iron,) Vegan: Vegan Diet Cookbook for  
Delicious and Healthy Recipes (Vegan Recipes, Vegan Cookbook, Vegan Diet, Delicious and  
Healthy Recipes) Vegan: The Vegan Slow Cooker Cookbook - Delicious, Savory Vegan Recipes for  
Your Slow Cooker (Vegan Slow Cooker, Vegan Slow Cooking) Vegan Recipes Cookbook - Top 200  
Vegan Recipes: (Healthy Vegan Food, Weight Loss, Vegan Book, Vegan Diet, Green Food, Dinner,  
Lunch, Breakfast and Snacks) Vegan Diet: Easily Get a Lean Body & All Day Energy + 5 Day Meal  
Plan for Faster Weight Loss Results and Success Stories (vegan weight loss meal plan, vegan diet  
for beginners, vegan diet guide) Vegan Mastery Cookbook: Simple Vietnamese Spring Roll Recipes  
to Cook at Home (International Vegan Cookbook Series, Vegan Spring Rolls, Vietnamese Spring ...  
Vegan Recipes, How to Make Spring Rolls) Vegan: Vegan Diet for Beginner: Easy 123 Recipes and  
4 Weeks Diet Plan (High Protein, Dairy Free, Gluten Free, Low Cholesterol, Vegan Cookbook,  
Vegan Recipes, Cast Iron, Easy 123 Diet Book 1) Vegan: 31 Affordable Plant-Based Vegan Diet  
Recipes (vegan diet, plant based, vegan cook book, oil free) Impossible Compassion: Utilizing  
Directed Compassion to Cure Disease, Save the Environment, Transform Relationships... and Do  
All Sorts of Other Good Things for Ourselves and Everyone Else Vegan: The Essential Asian  
Cookbook for Vegans: (+ FREE BONUS BOOK!) (vegan, vegan diet, vegetarian, gluten free,  
superfood 3)

[Dmca](#)